



Week ending issue: November 20, 2015 – Issue # 273

Policy

From the WIC Services Policy and Procedure Manual – 380.25 Nutrition Services for Special Populations

Special populations are participants who are migrant, homeless, or members of minority groups. All policies and procedures regarding participant instruction apply to nutrition services provided to special populations. However, consideration should be given to special needs these participants might have.

Considerations for Homeless Participants

At the contract agency's discretion, certifications and nutrition education contacts may be offered on-site at a homeless facility. This option may be desirable if several participants reside at a given facility or address.

Nutrition education contacts may be provided in a one-to-one setting, group settings, or online through wichealth.org. Nutrition education can be provided by group settings or online through wichealth.org if the participant does not have a high-risk condition. However, contract agencies are strongly encouraged to provide one-to-one contacts for homeless participants because they:

- Provide more opportunity to individually tailor nutrition education messages to each participant's needs and circumstances, and
- Reduce the transportation burden for homeless participants, especially if completed on a walk-in basis.

Considerations for Migrant and Minority Populations

Culturally-appropriate nutrition education materials are available through a variety of sources. State WIC staff will relay information about specific resources to local agencies as they become available. Such sources include:

- WIC materials available at the ISAIC Clearinghouse (see Policy 340.15), and
- Internet sites such as state extension, government, and commodity organizations.

The state WIC office makes several key printed and audiovisual education materials available in languages other than English. Other visual aids may be helpful in obtaining information about food intake or providing nutrition education. Examples of materials available in contract agencies may include:

- Three-dimensional food models,

- Paper food models,
- Posters of Asian foods,
- A pictorial notebook including pictures of foods from various cultures, and
- WIC Spanish dictionary and language training materials.

Whenever possible, nutrition services should be provided by bilingual staff or through the use of volunteer or paid interpreters.

Participant Centered Services:

People tend to live up to what they write down! Encourage clients to write down their goals before leaving your office, they could do this on the handout your giving them or you could design a special goal card or sticker to use.

Thank you of the Week:

“WIC was compassionate when others cast judgement.” ~WIC Participant

eWIC Focus Update

When eWIC rolls out, grocery vendors will either use an integrated or Stand Beside system. When a participant shops at an integrated store, they will not have to separate their WIC foods from other grocery items they are purchasing and they can swipe their eWIC card before or after the transaction. When shopping at a store using a Stand Beside system, participants will have to separate their WIC foods from the other grocery items they are purchasing and swipe the eWIC card first. Participants will need to tell grocery vendors that they are using WIC before the transaction starts at any grocery vendor to ensure the transaction completes accurately. A handout has been created that currently shows the stores that are able to take eWIC and whether they use an integrated or stand beside system. As agencies roll out, this document will be updated. This can be used to help prepare participants on whether or not they will need to separate their WIC foods depending on where they shop. This handout is on the WIC Web Portal under the Training section and on the WIC website under the eWIC main page.

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Available Formula-

Product	Quantity	Expiration Date	Agency	Contact
LGG	20 - 12.6 oz Container	2/1/2016	Mid-Sioux Opportunity	Holly Svitak 712-786-3476
RCF Concentrate	26- 13 oz cans	2/1/16	Broadlawns	Rose Logan 515-282-6717
Peptamen Junior 1.5 Cal	114 – 250 ml containers	3 – 6/2016	HACAP	Angela Munson 319-366-7632
Enfaport	17 – 6 packs of 6 oz containers	4/1/16	HACAP	Angela Munson 319-366-7632
Pediasure 1.5 cal Vanilla	65- 8oz cans	6/1/2016	Broadlawns	Rose Logan
Powder Infant EleCare Amino Acid Based Infant Formula with Iron	5 – 14.1 oz cans	3/2017	North Iowa Community Action	Janelle Pansegrau 641-423-5044 x35
Complete Amino Acid Mix	1 can	10/21/2017	Mid-Iowa Community Action	Sierra Steven 515-232-9020, ext. 105
Elecare for infants	11 containers – 14.0 oz. powder	6 – 3-1-17 5 – 4-1-17	HACAP	Angela Munson 319-366-7632

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- (1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) Fax: (202) 690-7442; or
- (3) Email: program.intake@usda.gov

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